

2017

Het einde van beschut wonen

08-11-2016

Brenda Froyen



'A severe case' – my psychiatric CV

3 psychoses – 1 severe depression – diagnosis bipolar type 1

3 times hospitalised in 3 different psychiatric wards in Belgium

3 times brought there by the police (once even handcuffed)

2 times involuntary admitted (50 days in total)

3 times secluded (2 weeks in total) and tied down

3 times appeared in front of a judge

My recovery?

1 year 'out'

Back to work in 2013

Almost 2 years off meds

My first book in 2014, second book in 2016

Spokesperson for the patient organisation vzw UilenSpiegel

A peculiar case?

I don't live in poverty

I have a university degree

I am happily married

Mum of three sons

A peculiar case?

Don't think in stereotypes

Everyone can have psychiatric problems!

BUT can anyone recover?

The role of the context!

Bad driver or wrong car?

Context

Past

Present

The moment itself

Focus on past & present

Trauma in the past

I feel ashamed – what's my trauma?

What is a trauma?

Tolerance towards certain traumas

Importance of your childhood - the Still face experiment

The present context

A good financial situation

A nice house

A diploma

A job

Supporting family & friends

The role of your financial situation

The cost of involuntary admittance

The cost of the ambulances

The cost of therapy

The cost of household care

Sometimes your financial situation worsens because of admittance

The role of the family



The role of a 'home'

Need for a house

Need for a home

A story of a friend

Lives in a shabby apartment

In the city

No family

No garden – no pet

In search of a home

Sheltered housing

What about empowerment?

Social housing

Adapted to the needs?

Waiting lists

Private market

Too expensive

Alternatives

Co-housing

No legal regularisation

Foster care for adults with psychiatric vulnerability

5 cases in Belgium

No one has a clue

To be continued

How can we turn houses into
HOMES?

